

Isla Vista Youth Projects

Family Resource Center

What is a Family Resource Center?

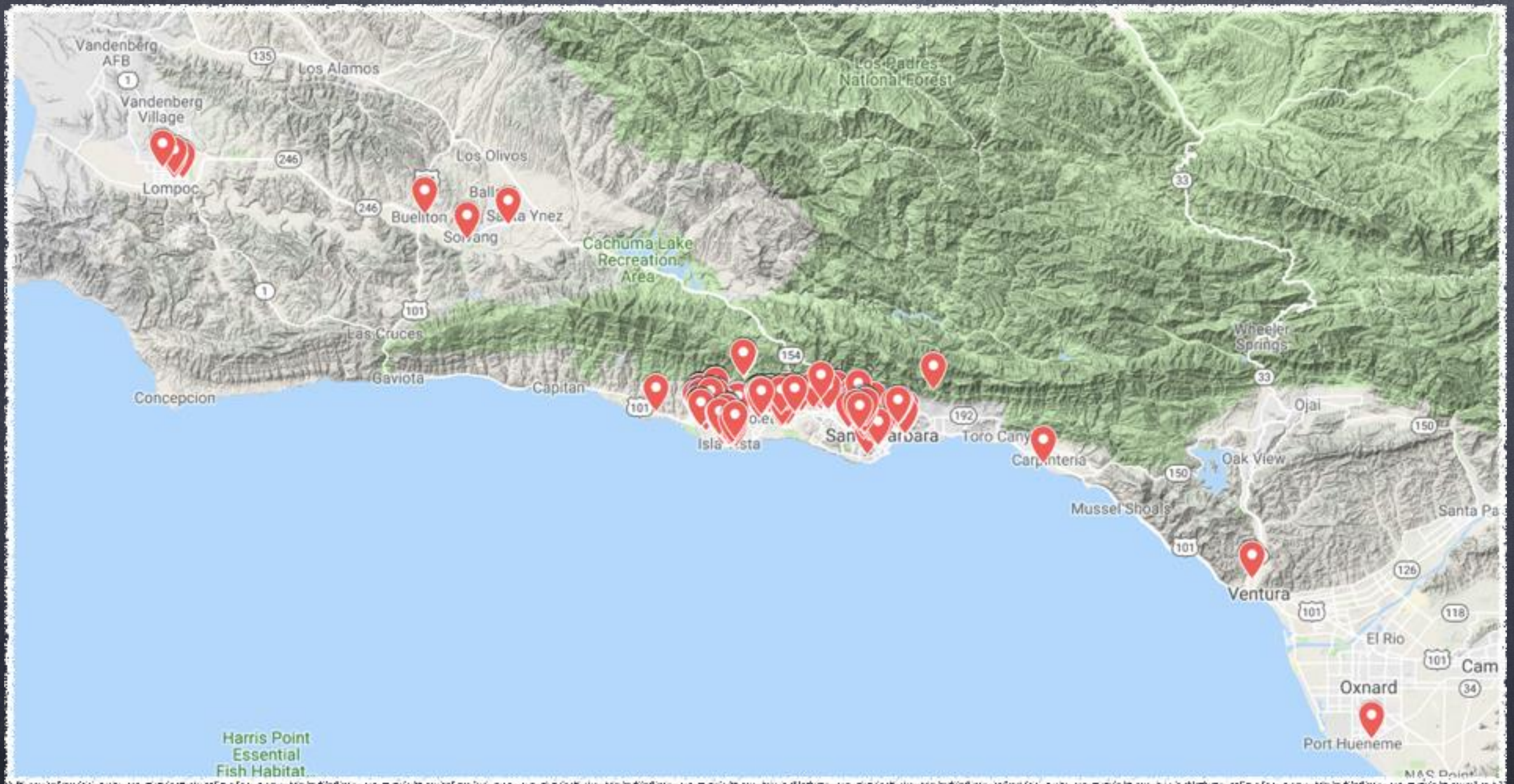
- Center Environment
- Family Centered and Family Strengthening
- Embedded in Community. Culturally sensitive,
- Cross system collaboration
- Impact Driven/Evidence Informed

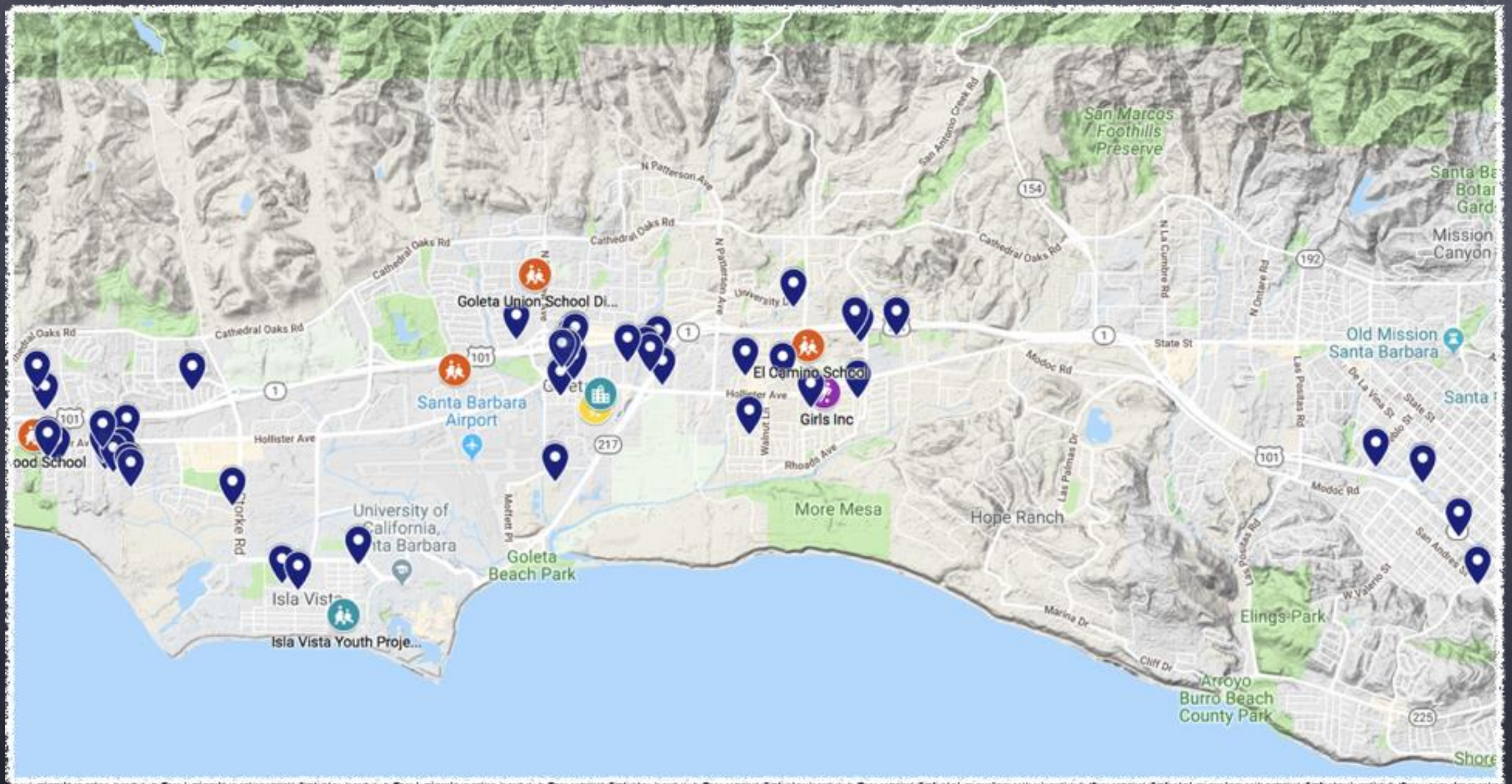
What do FRCs Do?

- Well-being Services (resource and referral, crisis intervention, basic needs support)
- Growth and Development (parenting classes, job skills training, healthy living)
- Civic Engagement (Resident leadership, voter registration)

IVYP's FRC

- Established in 2001
- Grew out of identified need to support families in Isla Vista
- Expanded to serve families in GUSD





Protective Factors Framework

- Social Connections
- Knowledge of Parenting and Child Development
- Social and Emotional Competence of Children
- Concrete Support in times of need
- Parental Resilience

FRC - Food

- Cal Fresh
- Emergency Food Pantry
- Healthy Pantry Monthly Food distribution
- WIC - supplemental food for Women, Infants and Children

FRC - Healthy Communities

- MediCal applications
- SEE International - reveal for vision exams
- Health Screenings - September Health Fair for IVYP, El Camino, Ellwood, La Patera students

FRC - Adult education

- Parenting Classes
- Co-parenting workshops
- Budgeting/Financial Literacy

Recent Highlights

- Immigration Forums
- Immigrant Hope
- Legal Support
- Translation support

Martha's Story

When I first met with Martha she was 2 months pregnant and had little knowledge of the resources available to her in Goleta. I initially met with Martha to aid with a Cal Fresh application. Upon meeting, I quickly learned that Martha was in need of several other resources as well. I spoke to her about working with her regularly and she agreed to participate. As Martha's case manager, I have aided in applying for low-income housing, medical insurance, and most importantly, counseling. Martha struggles with depression and anxiety, which she had never been treated for in the past. Through our CALM collaborative, I was able to refer Martha to a counselor, who she has now been meeting with regularly. It has now been close to a year since I have been working with Martha and I have seen an abundance of progress in her access to basic resources and well as her self confidence. When I first met with Martha she seemed tired and restless and had little hope that she could continue to prosper on her own. I am very proud of Martha mostly because she seems more proactive and tenacious now than when we first began working. She is never afraid to ask for help and is able to seek other resources independently. Our next goal is to find her child care for her new born baby boy.

- Community Building
- Advocacy and Access
- Navigating resources
- Our FRC CAN help

Dreaming about the future

- Parent leadership - especially in old town
- Support to new parents
- Deepen connection with parks
- Greater civic engagement